



# Newman International Academy

PO Box 170057, Arlington, TX 76003

August 19, 2021

Dear Parent/Guardian, Faculty & Staff,

In keeping with Newman International Academy's practices to respond to COVID-19, we are notifying student families, faculty and staff that there was a lab-confirmed case of COVID-19 present on the campus of **Newman International Academy, Gibbins High School**. Due to privacy requirements, we will not be releasing the name or details that may identify the individual.

COVID-19 is spread when an infected person coughs, sneezes, talks, or touches surfaces or objects which are then touched by others not infected with COVID-19.

For the next 10 days, you should do the following:

- Monitor yourself daily for any symptoms of COVID-19 including: fever, chills, fatigue, headache, conjunctivitis (pink eye), diarrhea, vomiting, sore throat, loss of sense of taste or smell, cough, shortness of breath, difficulty breathing, or seasonal allergy-like symptoms. Most persons who contract COVID-19, experience no symptoms or very mild symptoms, while others may become very ill.
- If you have or if you develop any symptoms of COVID-19:
  - **Isolate immediately and contact your doctor. If you require testing, please go to the County Health Department website for testing sites.**
  - **If you develop trouble breathing, shortness of breath, chest pain, or worsening COVID-19 symptoms, seek emergency medical care immediately or call 911.**
  - **You may not return to the campus until you meet the following conditions:**
    1. At least 10 days have passed since symptoms first appeared.  
**and**
    2. At least 24 hours have passed since last fever without the use of fever-reducing medications  
**and**
    3. Improvement in symptoms (e.g., cough, shortness of breath, headache, etc.)

We encourage anyone in the Newman community who is lab-confirmed to have COVID-19 to please notify our school by contacting your school principal.

Sincerely,  
Newman International Academy Administration